Wilderness Advanced First Aid

Recognised by Indian Mountaineering Foundation

How the Best Prepare for the Worst



OVERVIEW:

- Integrating classroom instruction with scenario-based learning
- 32 hour curriculum over 4 days
- Certification: valid for 2 years
- Taught in English
- Fees: Rs. 12,000/- per person (including GST)
- Venue: IMF, 6 Benito Juarez Marg, New Delhi
- Participants: Min. 25 and Max. 40
- Date: 11th - 14th February, 2027



CURRICULUM:

- Patient Assessment & Extended Care
- Injury-Illness Identification & Management, including: Bleeding Control, Shock, Spinal Injuries, Head Injuries, Chest Wounds, Sprains & Strains, Fractures & Dislocations, Splinting, Cold Injuries, Heat Illnesses, Lightning, Altitude Ilnesses, Drowning, Anaphylaxis, Bites & Stings, Medical Illnesses, Wounds & Wound Management, Patient Moves & Litter Carries, Asthma, Diabetes, Abdominal Emergencies, Burns, Environmental Emergencies
- Cardio-Pulmonary Resuscitation (CPR)
- Emergency Response Procedures

Ideal for those working in companies, educational and outdoor organisations, sports bodies, etc. and any individual interested in learning first aid!

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Indian Mountaineering Foundation, New Delhi (www.indmount.org)
Aerie Backcountry Medicine, Missoula, Montana, USA (www.aeriemedicine.com)
Hanifl Centre for Outdoor Education and Environmental Study (www.hanifIcentre.in)
(An outreach of Woodstock School, Mussoorie – celebrating more than 170 years in the Himalaya)

AERIE BACKCOUNTRY MEDICINE

HANIFL CENTRE OUTDOOR EDUCATION IN THE HIMALAYA

INDIAN MOUNTAINEERING FOUNDATION