

## Sport Climbing level 1 Course - (1 Day)

The purpose of this 7 hours course is to give participants an enjoyable, safe and informative introduction to climbing. The course is designed for people with no prior knowledge of climbing. Participants will be introduced to: equipment, climbing techniques, checking procedures, belaying for top-roping and climbing calls.



A 7 HOUR INTENSE COURSE

# SPORT CLIMBING

## LEVEL 1 CERTIFICATE COURSE

08 JUNE 2024

scan to register

**LIMITED SEATS**  
**REGISTER NOW**

8 AM - 5 PM

INDIAN MOUNTAINEERING FOUNDATION,  
6 BENITO JUAREZ ROAD, NEW DELHI  
( NEAR UNIVERSITY SOUTH CAMPUS )

OPEN FOR ANYONE ON & ABOVE 12 YEARS

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